

## Sunday 8<sup>th</sup> March readings:

Exodus Ch17 v1-7  
Romans Ch5 v1-11  
John Ch 4 v5-42c

## Hymns:

Praise to the Lord Almighty

As the Deer

Blessed Assurance

To God be the glory

## Collect:

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## Messages

### **The Dove Project – Westcliff-on-Sea**

The Dove Project is a specialist centre providing support and advice for women, children and young people who are suffering from or have experienced domestic abuse. During Lent we are supporting mothers and children that are known to the Dove Project. If you wish to support this, gift vouchers from Sainsbury's or Tesco's would be appreciated or gifts for the mothers or children. Please see list of suggested items at the back of the church. We shall collect the gifts throughout Lent.

## **In our intercessions, we are asked to remember those in need:**

Dennis and Jean Pogose, Stephen Sturrock, Linda McCarthy, Lin Edwards, Peter Main, Jackie Eastland, Chris Newell, Tony Mabbatt, Kim Herd, Robert Saints, Lee Jackson, Elaine Harris, Clive, Robyn Hand, Betty Burton, Savannah, Charlotte Felton, Colin Knight, Nick & Abbie, Kris Baker.



## **Those who have recently departed:**

Jim Keane

## **And those whose anniversaries occur this week:**

Ernest Hibbs, Susan Chalmers, Samuel Filby, Mary Hutchinson,

## **We also remember those living in residential care or are housebound and less able to get to Church:**

Jean Lewis, Edna Ballard.

## **Dates for your Diary**

### **Sunday 29<sup>th</sup> March:**

7.00pm Compline-Night prayer online on Zoom  
Please email Rev'd Sarah for the link.  
[rev.sarahrachell@yahoo.com](mailto:rev.sarahrachell@yahoo.com)

### **Thursday 2<sup>nd</sup> April – Maundy Thursday**

7.30pm Joint service with Holy Communion at St. Laurence

### **Friday 3<sup>rd</sup> April – Good Friday**

Walk of Prayer with Eastwood churches beginning at 9.30 at EEC, followed by a service at St Laurence at approx 11am.

### **2.00pm Hour at the Cross (both churches)**

### **Sunday 5<sup>th</sup> April – Easter Sunday:**

10.00am Easter celebration with Holy Communion.

**Readings 15<sup>th</sup> March**  
**Mothering Sunday**  
Matthew Ch 15 v21-28

### **St. Aidan's Verse for 2026**

Rejoice always, pray continually,  
give thanks in all circumstances;  
for this is God's will for you in Christ Jesus.  
1 Thessalonians Ch 5 v 16-18